

Course Title: Food & Cookery
Course Code/Codes: 603/7014/2
Examining Body: NCFE

What is the aim of this course?

This qualification aims to focus on the study of food and cookery, and offer breadth and depth of study, incorporating a key core of knowledge. It provides opportunities to acquire a range of practical and technical skills. Pupils will gain an understanding of health and safety relating to food, nutrition, and the cooking environment. They will also gain an understanding of legislation in the food industry, identify and understand food provenance and learn about the main food groups, key nutrients and what is required as part of a balanced diet. Pupils will identify factors that can affect food choice, explore recipe development and how recipes can be adapted, understand how to cater for people with specific dietary requirements, demonstrate menu and action planning, be able to evaluate and consider how to improve completed dishes, demonstrate the application of practical skills and techniques through all aspects of the qualification.

Why should I choose this course?

The Level 1/2 Technical Award in Food and Cookery is designed for learners who want an introduction to food and cookery that includes a vocational and project-based element. The qualification will appeal to learners who wish to pursue a career in the food industry or progress onto further study.

This qualification has been designed to sit alongside the requirements of core GCSE subjects and is appropriate for learners who are motivated and challenged by learning through practical experiences and through content which directly relates to the practical skills.

How will I be assessed?

Component 1:

- Non-exam assessment (Externally set task)
- 60% of qualification

Component 2:

- Written exam: 1hr 30mins
- 40% of qualification

Is this course for me?

Do you... have a love for Food, nutrition and science based learning with elements of practical activities? If you answered 'Yes', then the food & cookery course is right for you.

Possible career opportunities

There are a range of career choices open to you should you decide to continue your education in food & cookery. These include:

- Catering
- Food critic
- Healthcare
- Chef/Cook
- Restaurant owner



Food & Cookery

NCFE Tech Award (Level 1/2)