

Year 10

Autumn Term 1	Spring Term 1	Summer Term 1
Duke of Edinburgh award – physical OAA – Expedition skills and rock climbing Creative – Trampolineing, Boxing/fitness Outwitting opponents – ball games	Duke of Edinburgh award – physical OAA – Expedition skills and rock climbing Creative – Trampolineing, Boxing/fitness Outwitting opponents – ball games	Duke of Edinburgh award – physical OAA – Expedition training Individual performance - athletics
Autumn Term 2	Spring Term 2	Summer Term 2
Duke of Edinburgh award – physical OAA – Expedition skills and rock climbing Creative – Trampolineing, Boxing/fitness Outwitting opponents – ball games	Duke of Edinburgh award – physical OAA – Expedition skills and rock climbing Creative – Trampolineing, Boxing/fitness Outwitting opponents – ball games	Duke of Edinburgh award – physical OAA – Expedition training Individual performance - athletics

Year 11

Autumn Term 1	Spring Term 1	Summer Term 1
Creative – Trampolineing, Boxing/fitness	Sports Leaders qualification <ul style="list-style-type: none"> Junior Football leaders Junior Sports leaders award communication, organisation, planning a session	Sports Leaders qualification <ul style="list-style-type: none"> Junior Football leaders Junior sports leaders award leading a session, reviewing a session
Autumn Term 2	Spring Term 2	Summer Term 2
Creative – Trampolineing, Boxing/fitness	Sports Leaders qualification <ul style="list-style-type: none"> Junior Football leaders Junior sports leaders award developing coaching skills, leading a session	