

7<sup>th</sup> September 2021

Dear Parent / Carer,

**RE: Counselling at the Academy**

As you may already know, we have a qualified counsellor who works at Skinner's Academy: Jennifer Farnon, our Academy Counsellor, works therapeutically with pupils who feel they could benefit from this kind of support.

Your son/daughter might choose to attend one-to-one, drop-in or group sessions with Jennifer. The purpose of the sessions is to provide your son/daughter with a safe and confidential space where they can make sense of their feelings, thoughts, and behaviour. This can help improve their wellbeing, self-esteem, friendships and understanding of their self, which could also help with raising their achievement.

The sessions are confidential in nature, and they will not be discussed unless we need to share information to keep your son/daughter or somebody else safe. Jennifer does however have regular supervision about her work where information is shared confidentially. This is to ensure that her work with our pupils consistently follows best practice.

For full details about counselling at the Academy including the limitations to confidentiality, data protection and information sharing please see the **Counselling Confidentiality Policy, Guidelines for Counselling at Skinner's Academy and child-friendly Counselling Privacy Notice** on the Student Services page of the VLE.

This can be accessed at:

[Skinner's Academy Counselling Information](#)

You will need to log in using your child's Academy email address and password.

You will be informed of the arrangements for counselling each year that your child attends the Academy, and it is included in the Home Agreement. Any parent/carer who has concerns about this support being available to their child during their time at the Academy is requested to notify Mr Jay Kerby (Vice Principal) in writing immediately. The names of any pupils whose parent/carer makes this request will be provided in confidence to the Head of Student Services and the Academy Counsellors. If you do not notify Mr Jay Kerby of any concerns, then we will assume your support for your child to potentially access one-to-one and drop-in sessions and group work.

**Principal: Shereka James**  
Bsc. (Hons), NPQH

Skinner's Academy  
Woodberry Grove, London N4 1SY  
Phone: 020 8800 7411 | Fax: 020 8809 1382  
[enquiries@skinneracademy.org.uk](mailto:enquiries@skinneracademy.org.uk)



As a parent/carer, we would always prefer your support for the counselling work that your child might want to try because they think it could be helpful for them. We would be happy to discuss in confidence any concerns you might have about counselling.

We look forward to working together with you to support your son/daughter at the Academy and to help them achieve their full potential.

Yours sincerely

**Shereka James**  
Principal

**Principal: Shereka James**  
Bsc. (Hons), NPQH

Skinner's Academy  
Woodberry Grove, London N4 1SY  
Phone: 020 8800 7411 | Fax: 020 8809 1382  
[enquiries@skinersacademy.org.uk](mailto:enquiries@skinersacademy.org.uk)

