

Personal Development Curriculum Rationale

- We aim to provide all students with the opportunity to develop both skills and knowledge which are vital in the creation of good citizens.
- We aim to enhance students' academic ability beyond the traditional curriculum.
- We aim to provide students with the skills and knowledge to question issues in society, and to be able to engage in current affairs
- We aim to provide students with an understanding of the risks they may face outside of the Academy and how to assess and avoid those risks

Powerful Knowledge

Powerful Knowledge

Communication, including how to manage changing relationships and emotions

Recognising and assessing potential risks

Assertiveness

Seeking help and support when required

Informed decision-making

Self-respect and empathy for others

Recognising and maximising a healthy lifestyle

Managing conflict

Literacy and comprehension

Resilience and healthy wellbeing

Problems facing the world today

Citizenship

A look at the Week:

Monday	Tuesday	Wednesday	Thursday	Friday
Knowledge Assembly: this will be delivered to all year groups at the same time. The aim is to provide students with valuable knowledge	Literacy morning: The focus of Tuesday mornings is to improve literacy. Pupils will be given a piece of text related to the theme of the week. The Assembly on	Personal development morning: this is a 40-minute slot where the Healthy Minds curriculum will be delivered, and other RSE statutory units of work, as well as Citizenship education. Citizenship will also be taught in	Thursday: These projects will encompass EDI, Wellbeing, careers, and year group specific project (e.g. work experience for year 10)	Finish with Teamwork: On Friday's pupils will take part in a weekly quiz. The quiz will test general knowledge and knowledge of current affairs. This will allow pupils to build positive relationships with their PD classes and their PD teachers.

relating to the theme of the week. Assemblies will also cover some topics included in the RSE statutory guidance.	Monday will give them adequate knowledge to access the text. There will	assemblies. Pupils may also complete their EDI projects on this day or focus on the next steps e.g. UCAS applications. Sixth Form pupils may also use this time to prepare for their mocks and examinations.	Sixth Form pupils may also use this time to prepare for their mocks and examinations.	Pupils may also visit pupil voice, year councils and pupil councils on this day.
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Calendar						
12 (1 week p/w)	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – Skinners’ way and Bounce Forward Resilience Skills, Introduction to sixth form study, physical health, Sex and relationships Thursday-EDI Friday- Team building, Friday quiz</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> 1. Induction: intro to Skinners' Way 2. Democracy 3. Peace 4. Mental Health and ADHD 5. Black History Month 6. World Food 7. Modern Slavery 	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – Bounce Forward Resilience Skills and resilient learners, Sex and relationships Thursday- Friday- Team building, Friday quiz</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> 1. WSD Theme: Science for and with society 2. Remembrance Day 3. Anti Bullying 4. Disability History 5. Skinners' 6: Be curious 6. Human Rights: The Equality Act 7. Human rights: Violence against women and girls 	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – Bounce forward Resilient learners and strengths and Energy, Careers – preparing for work experience Thursday- Friday- Team building, Friday quiz</p> <ol style="list-style-type: none"> 1. Human Rights: Refugees/ migration 2. World Religions: common beliefs 3. Skinners' 6: Be co-operative 4. Holocaust Memorial 5. Children's Mental Health Week 6. LGBT History Month 	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – Strengths and Energy and Me at My Best, Financial literacy Thursday- Friday- Team building, Friday quiz</p> <ol style="list-style-type: none"> 1. Empathy Week* 2. Women's History Month 3. National Careers Week 4. Skinners' 6: Be determined 5. Anti Racism 6. Mental Health and Autism 	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – Me at my best and EDI project, Financial literacy, Citizenship Thursday- Friday- Team building, Friday quiz</p> <ol style="list-style-type: none"> 1. Stephen Lawrence Day 2. Skinners' 6: Be kind 3. Deaf Awareness 4. Mental Health Awareness Week 5. Skinners' 6: Be respectful 6. Marcus Rashford: Feeding the youth 	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – EDI Project and work experience, Citizenship Thursday – Friday- Team building, Friday quiz</p> <ol style="list-style-type: none"> 1. Pride month 2. Loneliness 3. Windrush Day 4. Skinners’ 6: Be outstanding 5. Healthy eating: what constitutes healthy food and what impact will it have on health? 6. End of Year – celebrations and whole school assembly

Links	From KS3 and KS4: Bedrock learning literacy skills, Resilience skills, Careers, Skinners' way, Literacy and comprehension, EDI project,	From KS3 and KS4: Bedrock learning literacy skills, Resilience skills, Careers, Literacy and comprehension, Skinners' way From year 12: Black History Month. Modern Slavery. Skinners' way	From KS3 and KS4: Bedrock learning literacy skills, Resilience skills, Careers, Literacy and comprehension, From year 12: Human rights. The Equality Act. Modern slavery. Peace. Skinners' way	From KS3 and KS4: Bedrock learning literacy skills, Resilience skills, Careers, Literacy and comprehension, From year 12: The Equality Act. Black history month. Human rights: violence against women and girls. Skinners' way	From KS3 and KS4: Bedrock learning literacy skills, Resilience skills, Careers, EDI projects, Literacy and comprehension, From year 12: Black History Month. Antiracism, Skinners' way	From KS3 and KS4: Bedrock learning literacy skills, Resilience skills, Careers, EDI projects, Literacy and comprehension, Work experience From year 12: Black History Month. Antiracism. Equality Act. LGBT History Month. Skinners' way, EDI project
Powerful Knowledge	Literacy and comprehension Resilience and healthy wellbeing Self-respect and empathy for others Informed decision-making Seeking help and support when required Problems facing the world today Seeking help and support when required Citizenship Informed decision-making Acknowledging and remembering the past	Literacy and comprehension Resilience and healthy wellbeing Self-respect and empathy for others Informed decision-making Seeking help and support when required Problems facing the world today Citizenship Acknowledging and remembering the past	Literacy and comprehension Resilience and healthy wellbeing Self-respect and empathy for others Informed decision-making Seeking help and support when required Problems facing the world today Citizenship Acknowledging and remembering the past	Literacy and comprehension Resilience and healthy wellbeing Self-respect and empathy for others Informed decision-making Seeking help and support when required Problems facing the world today Citizenship Acknowledging and remembering the past	Literacy and comprehension Resilience and healthy wellbeing Self-respect and empathy for others Informed decision-making Seeking help and support when required Problems facing the world today Citizenship Acknowledging and remembering the past	Literacy and comprehension Resilience and healthy wellbeing Self-respect and empathy for others Informed decision-making Recognising and assessing potential risks Recognising and maximising a healthy lifestyle Seeking help and support when required Citizenship

						Acknowledging and remembering the past
13 (1 week p/w)	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – UCAS preparation, Sex and relationships Thursday- EDI project Friday- Team building, Friday quiz</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> 1. Induction: intro to Skinners' Way 2. Democracy 3. Peace 4. Mental Health and ADHD 5. Black History Month 6. World Food 7. Modern Slavery 	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed –UCAS preparation, Mocks and revision Thursday- Mocks and revision, Careers Friday- Team building, Friday quiz</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> 1. WSD Theme: Science for and with society 2. Remembrance Day 3. Anti Bullying 4. Disability History 5. Skinners' 6: Be curious 6. Human Rights: The Equality Act 7. Human rights: Violence against women and girls 	<p>Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – Resilience skills. UCAS applications Thursday- Careers Friday- Team building, Friday quiz</p> <ol style="list-style-type: none"> 1. Human Rights: Refugees/ migration 2. World Religions: common beliefs 3. Skinners' 6: Be co-operative 4. Holocaust Memorial 5. Children's Mental Health Week 6. LGBT History Month 	<p>4. Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – Mocks and revision, National careers week, EDI outcomes, planning for life as an adult Thursday- Mocks and revision, careers Friday- Team building, Friday quiz</p> <ol style="list-style-type: none"> 1. Empathy Week* 2. Women's History Month 3. National Careers Week 4. Skinners' 6: Be determined 5. Anti Racism 6. Mental Health and Autism 	<p>5. Mon – Assembly theme of the week (see below for themes of the week) Tues – Literacy Morning Wed – Revision Thursday- Revision Friday- Team building, Friday quiz</p> <ol style="list-style-type: none"> 1. Stephen Lawrence Day 2. Skinners' 6: Be kind 3. Deaf Awareness 4. Mental Health Awareness Week 5. Skinners' 6: Be respectful 6. Marcus Rashford: Feeding the youth 	
Links	From KS3, KS4 and year 12: Bedrock learning literacy skills, Careers, Skinners' way, Literacy and comprehension, EDI project,	From KS3, KS4 and year 12: Bedrock learning literacy skills, Resilience skills, Careers, Literacy and comprehension,	From KS3 KS4 and year 12: Bedrock learning literacy skills, Resilience skills, Careers, Literacy and comprehension, Strength and Energy, Me at my best	From KS3 and KS4 and year 12: Bedrock learning literacy skills, Careers, Literacy and comprehension, EDI projects	From KS3 and KS4 and year 12: Bedrock learning literacy skills, Careers, Literacy, and comprehension,	

		From year 13: Black History Month. Modern Slavery. Skinners' way,	From year 11: Human rights. The Equality Act. Modern slavery. Peace. Skinners' way	From year 11: The Equality Act. Black history month. Human rights: violence against women and girls. Skinners' way, EDI project	From year 11: Black History Month. Antiracism, Skinners' way	
Powerful Knowledge	<p>Literacy and comprehension</p> <p>Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Seeking help and support when required</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension</p> <p>Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension</p> <p>Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension</p> <p>Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension</p> <p>Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	