

## Personal Development Curriculum Rationale

- We aim to provide all students with the opportunity to develop both skills and knowledge which are vital in the creation of good citizens.
- We aim to enhance students' academic ability beyond the traditional curriculum.
- We aim to provide students with the skills and knowledge to question issues in society, and to be able to engage in current affairs
- We aim to provide students with an understanding of the risks they may face outside of the Academy and how to assess and avoid those risks

## Powerful Knowledge

Communication, including how to manage changing relationships and emotions

Recognising and assessing potential risks

Assertiveness

Seeking help and support when required

Informed decision-making

Self-respect and empathy for others

Recognising and maximising a healthy lifestyle

Managing conflict

Literacy and comprehension

Resilience and healthy wellbeing

Problems facing the world today

Citizenship

## A look at the Week:

Monday	Tuesday	Wednesday	Thursday	Friday
Knowledge Assembly: this will be delivered to all year groups at the same time. The aim is to provide students with valuable knowledge relating to the theme of the week. Assemblies will also cover some topics	Bedrock learning: The focus of Tuesday mornings is to improve literacy by using Bedrock Learning software. Pupils will be taught new vocabulary that will help to improve their comprehension across the curriculum.	Personal development morning: this is a 40-minute slot where the Healthy Minds curriculum will be delivered, and other RSE statutory units of work, as well as Citizenship education. Citizenship will also be taught in assemblies. Pupils may also complete their EDI projects on this day or focus on the next steps e.g. options.	Project Thursday: These projects will encompass EDI, Wellbeing, careers, and year group specific project (e.g., work experience for year 10). Some year groups will be taught RSE on this day.	Finish with Praise: A short HOY assembly will be delivered with the sole focus on praising the student. PD Teachers will then be expected to celebrate their individual students through EduLink. Making contact home in front of the students who deserve the praise. This is also an opportunity to build positive relationships with students.

included in the RSE statutory guidance.				
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Calendar						
7 (1 week p/w)	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – Orientation, EDI project and Bounce Forward Resilience Skills  Thursday-Skinners' way, Introduction to Microsoft office, Pupil voice applications.  Friday- Finish with praise.</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> <li>1. Induction: intro to Skinners' Way</li> <li>2. Democracy</li> <li>3. Peace</li> <li>4. Mental Health and ADHD</li> <li>5. Black History Month</li> <li>6. World Food</li> <li>7. Modern Slavery</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – Bounce Forward Resilience Skills  Thursday- Careers Transition Project introduction.  Friday- Finish with praise.</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> <li>1. WSD Theme: Science for and with society</li> <li>2. Remembrance Day</li> <li>3. Anti Bullying</li> <li>4. Disability History</li> <li>5. Skinners' 6: Be curious</li> <li>6. Human Rights: The Equality Act</li> <li>7. Human rights: Violence against women and girls</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – Bounce Forward Resilience Skills and Breathe mindfulness  Thursday- Careers Transition Project introduction.  Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Human Rights: Refugees/ migration</li> <li>2. World Religions: common beliefs</li> <li>3. Skinners' 6: Be co-operative</li> <li>4. Holocaust Memorial</li> <li>5. Children's Mental Health Week</li> <li>6. LGBT History Month</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – EDI Project LGBTQ+ History, Managing the World around me – social media investigated  Thursday- Careers Transition Project introduction.  Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Empathy Week*</li> <li>2. Women's History Month</li> <li>3. National Careers Week</li> <li>4. Skinners' 6: Be determined</li> <li>5. Anti-Racism</li> <li>6. Mental Health and Autism</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – social media Investigated, Puberty, Drugs, and alcohol education.  Thursday- Careers Transition Project introduction.  Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Stephen Lawrence Day</li> <li>2. Skinners' 6: Be kind</li> <li>3. Deaf Awareness</li> <li>4. Mental Health Awareness Week</li> <li>5. Skinners' 6: Be respectful</li> <li>6. Marcus Rashford: Feeding the youth</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – Drugs and alcohol education. EDI project Disability and mental health  Thursday – Careers – Drugs and alcohol education  Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Pride month</li> <li>2. Loneliness</li> <li>3. Windrush Day</li> <li>4. Skinners' 6: Be outstanding</li> <li>5. Healthy eating: what constitutes healthy food and what impact will it have on health?</li> <li>6. End of year</li> </ol>

Links		Bedrock learning. Resilience skills. Careers. Black History Month. Modern Slavery.	Bedrock learning. Resilience skills. Careers. Human rights. The Equality Act. Modern slavery. Peace	Bedrock learning. Careers. The Equality Act. Black history month. LGBT History Month. Human rights: violence against women and girls.	Bedrock learning. Careers. Black History Month. Antiracism.	Bedrock learning. Careers. Black History Month. Antiracism. Equality Act. LGBT History Month. EDI project on LGBTQI
Powerful Knowledge	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Problems facing the world today</p> <p>Seeking help and support when required</p> <p>Citizenship</p> <p>Informed decision-making</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Recognising and assessing potential risks</p> <p>Recognising and maximising a healthy lifestyle</p> <p>Seeking help and support when required</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Communication, including how to manage changing relationships and emotions</p>

<p>8 (1 week p/w)</p>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – Bounce Forward Resilience Skills  Thursday – Skinners' way, Orientation, EDI project, Pupil voice applications  Friday- Finish with praise.</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> <li>1. Induction: intro to Skinners' Way</li> <li>2. Democracy</li> <li>3. Peace</li> <li>4. Mental Health and ADHD</li> <li>5. Black History Month</li> <li>6. World Food</li> <li>7. Modern Slavery</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – Bounce Forward Resilience Skills, from school to life preparing for adulthood  Thursday- Careers Making decisions  Friday- Finish with praise.</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> <li>1. WSD Theme: Science for and with society</li> <li>2. Remembrance Day</li> <li>3. Anti Bullying</li> <li>4. Disability History</li> <li>5. Skinners' 6: Be curious</li> <li>6. Human Rights: The Equality Act</li> <li>7. Human rights: Violence against women and girls</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – From School to life preparing for adulthood  Thursday- Careers making decisions  Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Human Rights: Refugees/ migration</li> <li>2. World Religions: common beliefs</li> <li>3. Skinners' 6: Be co-operative</li> <li>4. Holocaust Memorial</li> <li>5. Children's Mental Health Week</li> <li>6. LGBT History Month</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – From school to life, preparing for adulthood  Careers week, social media investigated.  Thursday- Careers making decisions.  Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Empathy Week*</li> <li>2. Women's History Month</li> <li>3. National Careers Week</li> <li>4. Skinners' 6: Be determined</li> <li>5. Anti Racism</li> <li>6. Mental Health and Autism</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – social media Investigated, Puberty, Sex, and relationships education  Thursday- Careers making decisions, EDI Project  Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Stephen Lawrence Day</li> <li>2. Skinners' 6: Be kind</li> <li>3. Deaf Awareness</li> <li>4. Mental Health Awareness Week</li> <li>5. Skinners' 6: Be respectful</li> <li>6. Marcus Rashford: Feeding the youth</li> </ol>	<p>Mon – Assembly theme of the week (see below for themes of the week)  Tues – Bedrock Learning  Wed – Sex and relationships education. Respect and equality  Thursday – EDI Project, Sex and relationships education  Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Pride month</li> <li>2. Loneliness</li> <li>3. Windrush Day</li> <li>4. Skinners' 6: Be outstanding</li> <li>5. Healthy eating: what constitutes healthy food and what impact will it have on health?</li> <li>6. End of Year – celebrations and whole school assembly</li> </ol>
<p>Links</p>	<p>From year 7: Bedrock learning. Resilience skills. Careers, EDI, Skinners' way, Pupil voice</p>	<p>From year 7 Bedrock learning. Resilience skills. Careers.</p> <p>From year 8: Black History Month. Modern Slavery.</p>	<p>From year 7: Bedrock learning. Careers.</p> <p>From year 8: Human rights. The Equality Act. Modern slavery. Peace  From school to life</p>	<p>From year 7: Bedrock learning. Careers.</p> <p>From year 8: Black history month. From school to life, The Equality Act. Human rights: violence against women and girls.</p>	<p>From year 7: Bedrock learning. Careers.</p> <p>From year 8: Black History Month. Antiracism.</p> <p>Social media investigated</p>	<p>From year 7: Bedrock learning. Careers.</p> <p>From year 8: Black History Month. Antiracism. Equality Act. LGBT History Month. Sex and relationships education</p>

<p>Powerful Knowledge</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Problems facing the world today</p> <p>Seeking help and support when required</p> <p>Citizenship</p> <p>Informed decision-making</p> <p>Acknowledging and remembering the past</p> <p>Assertiveness</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Assertiveness</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Assertiveness</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Assertiveness</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Recognising and assessing potential risks</p> <p>Managing conflict</p> <p>Recognising and maximising a healthy lifestyle</p> <p>Seeking help and support when required</p> <p>Assertiveness</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Recognising and assessing potential risks</p> <p>Managing conflict</p> <p>Recognising and maximising a healthy lifestyle</p> <p>Seeking help and support when required</p> <p>Assertiveness</p>
<p>9</p>	<p>Mon – Assembly theme of the week (see below for themes of the week)</p>	<p>Mon – Assembly theme of the week (see below for themes of the week)</p>	<p>Mon – Assembly theme of the week (see below for themes of the week)</p>	<p>Mon – Assembly theme of the week (see below for themes of the week)</p>	<p>Mon – Assembly theme of the week</p>	<p>Mon – Assembly theme of the week (see below</p>

<p>(2 lessons p/w)</p>	<p>Tues – Bedrock Learning Wed – Orientation, EDI project and Bounce Forward Resilience Skills Thursday – Skinners' way, EDI Project – Black History Month, Pupil voice applications Friday- Finish with praise.</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> <li>1. Induction: intro to Skinners' Way</li> <li>2. Democracy</li> <li>3. Peace</li> <li>4. Mental Health and ADHD</li> <li>5. Black History Month</li> <li>6. World Food</li> <li>7. Modern Slavery</li> </ol>	<p>Tues – Bedrock Learning Wed – Bounce Forward Resilience Skills, EDI project, Resilient relationships Thursday- Careers Work skills Friday- Finish with praise.</p> <p>Themes of the week:</p> <ol style="list-style-type: none"> <li>1. WSD Theme: Science for and with society</li> <li>2. Remembrance Day</li> <li>3. Anti Bullying</li> <li>4. Disability History</li> <li>5. Skinners' 6: Be curious</li> <li>6. Human Rights: The Equality Act</li> <li>7. Human rights: Violence against women and girls</li> </ol>	<p>Tues – Bedrock Learning Wed – Resilient relationships Thursday- Careers Work skills Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Human Rights: Refugees/ migration</li> <li>2. World Religions: common beliefs</li> <li>3. Skinners' 6: Be co-operative</li> <li>4. Holocaust Memorial</li> <li>5. Children's Mental Health Week</li> <li>6. LGBT History Month</li> </ol>	<p>Tues – Bedrock Learning Wed – Options, <b>Drugs and alcohol education,</b> Thursday- National Careers week, being enterprising Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Empathy Week*</li> <li>2. Women's History Month</li> <li>3. National Careers Week</li> <li>4. Skinners' 6: Be determined</li> <li>5. Anti-Racism</li> <li>6. Mental Health and Autism</li> </ol>	<p>(see below for themes of the week) Tues – Bedrock Learning Wed – Options– <b>Sex and Relationships,</b> keeping healthy Thursday- Options and qualifications Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Stephen Lawrence Day</li> <li>2. Skinners' 6: Be kind</li> <li>3. Deaf Awareness</li> <li>4. Mental Health Awareness Week</li> <li>5. Skinners' 6: Be respectful</li> <li>6. Marcus Rashford: Feeding the youth</li> </ol>	<p>for themes of the week) Tues – Bedrock Learning Wed – keeping healthy, citizenship Thursday – Careers reviewing learning, EDI project Friday- Finish with praise.</p> <ol style="list-style-type: none"> <li>1. Pride month</li> <li>2. Loneliness</li> <li>3. Windrush Day</li> <li>4. Skinners' 6: Be outstanding</li> <li>5. Healthy eating: what constitutes healthy food and what impact will it have on health?</li> <li>6. End of Year – celebrations and whole school assembly</li> </ol>
<p>Links</p>	<p>From year 7 and 8: Bedrock learning. Resilience skills. Careers. Black History Month, equality's act, antiracism. Skinners' way, EDI project, Pupil Voice</p>	<p>From year 7 and 8: Bedrock learning. Resilience skills. Careers. EDI project</p> <p>From year 9: Black History Month. Modern Slavery. Bedrock learning. Resilience skills. Careers. Skinners' way</p>	<p>From year 7 and 8: Bedrock learning. Resilience skills. Careers. Healthy relationships.</p> <p>From year 9: Human rights. The equality act, Modern slavery. Peace. Resilience skills. EDI project Black History Month Skinners' way</p>	<p>From year 7 and 8: Bedrock learning. Resilience skills. Careers. Drugs and alcohol education., sex and relationships</p> <p>From year 9: Resilient relationships. Human rights: violence against women and girls. Black History Month. Skinners' way</p>	<p>From year 7 and 8: Bedrock learning. Resilience skills. Careers.</p> <p>From year 9: Black History Month. Antiracism. Equalities act. Skinners' way, Drugs and alcohol education. Resilient relationships. Human rights – violence against women and girls</p>	<p>From year 7 and 8: Bedrock learning careers. EDI projects.</p> <p>From year 9: Black History Month. Antiracism. Equality Act. LGBT History Month. Democracy. Human rights. Skinners' way.</p>

<p>Powerful Knowledge</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Problems facing the world today</p> <p>Seeking help and support when required</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Assertiveness</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Assertiveness</p> <p>Managing conflict</p> <p>Recognising and assessing potential risks</p> <p>Communication, including how to manage changing relationships and emotions</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Assertiveness</p> <p>Managing conflict</p> <p>Recognising and assessing potential risks</p> <p>Communication, including how to manage changing relationships and emotions</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Assertiveness</p> <p>Recognising and assessing potential risks</p> <p>Recognising and maximising a healthy lifestyle</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p> <p>Recognising and assessing potential risks</p> <p>Recognising and maximising a healthy lifestyle</p>	<p>Literacy and comprehension Resilience and healthy wellbeing</p> <p>Self-respect and empathy for others</p> <p>Informed decision-making</p> <p>Seeking help and support when required</p> <p>Problems facing the world today</p> <p>Citizenship</p> <p>Acknowledging and remembering the past</p>
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