

**Course Title:** Personal, Social, Health and Economic Education (PSHE)

### Why do I need to study this?

Schools have a statutory duty to promote young people's wellbeing and statutory responsibilities to provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under Section 78 of the *Education Act 2002* and the *Academies Act 2010* such a curriculum must: promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life.

A good PSHE education provides young people with both the knowledge and skills to manage their lives, make the right decisions and thrive as individuals and members of society. High quality PSHE is also essential to keeping pupils safe and healthy, inside and outside the school gates. Young people today face unprecedented pressures posed by modern technology. Good quality PSHE can provide them with the information they need to stay safe and build resilience against the risks of exploitation or radicalisation. At its heart, good PSHE supports young people to make informed choices.

*2015 Government response: Life lessons: PSHE and SRE in schools | [www.gov.uk](http://www.gov.uk)*

**Course Title:** Physical Education (C)

### Why do I need to study this?

Playing sports helps to keep people healthy and is good for communities. Playing sports at school or in a local club is also the first step to competition at the highest level, which helps improve our reputation as a sporting nation, and contributes to economic growth.

But when people leave school they often stop playing sports, which can lead to a less healthy lifestyle. We want to get more people playing sports safely from a young age, and help them keep playing sport throughout their life, no matter what their economic or social background.

*2010-2015 Government policy: Sports participation | [www.gov.uk](http://www.gov.uk)*

When we bid for the London 2012 Olympic and Paralympic Games we did it in part so that its legacy would inspire young people to play more sport. As Skinners' Academy's core values were inspired by the London 2012 Olympic and Paralympic values, the Academy serves to contribute to being part of the legacy of the Games.

### Our Values:

Be Curious | Be Cooperative | Be Determined |  
Be Kind | Be Respectful | Be Outstanding

### What is the difference between Physical Education (C) and Physical Education GCSE

Please note Physical Education (C) does not result in a GCSE. If you would like to gain a GCSE in Physical Education you will need to select GCSE Physical Education as one of your option courses.

For more information on GCSE Physical Education please turn to **page 25**.



**Non-Examined Compulsory Courses**  
PSHEE & Physical Education (C)